

CARDINAL

CAPTIONS

FEBRUARY 2010



SETON
CATHOLIC
HIGH SCHOOL

Challenging minds. Building spirits.

233 South 5th Street
Richmond, IN 47374

www.setoncatholichighschool.org

"It's faith in something and enthusiasm for something that makes life worth living."

--Oliver Wendell Holmes

Dear SCHS Family:

Being connected technologically is a fact of life for today's youth. While aspects of this state of affairs are laudable and exciting, the downsides are daunting. At a point in their lives when young people should be learning to stand on their own two feet, figuring out what they themselves believe, and beginning the healthy process of becoming autonomous adults, many of them are clutching their cell phones, acting as if their very existence depends upon instant access to family and friends.

How can our young people concentrate, let alone have an original thought, if they are being constantly beset by interruptions? Why do they need to become responsible, thinking and organized, when they can make requests, change plans, or ask for decisions every moment of the day? How can our young people not become anxious, worrying that they are being left out of the loop, or that the latest gossip flying around may involve them, or that they have not heard about the latest bit of drama?

I came across a recent Nielsen Company survey which gave me pause. It suggested that American teenagers are sending and receiving more than 80 electronic messages per day. I was intrigued and I read on. Student misuse of technology continues to grow in all schools as cell phones become more and more complex. Check out a few more statistics on student cell phone and internet use I find interesting:

- 72% of students text a message to someone that they would not say face to face.
- 49% have sent a text message that was very hurtful to other people.
- 68% have used a cell phone to cheat on an assignment or a test.
- 89% have texted pictures of themselves or others, with some pictures being inappropriate.
- 56% of students have a profile on a social network site (i.e., Facebook) of which parents are not aware. Students are indicating (online) their addresses, high schools they attend, phone numbers, and/or where they work.
- 69% of students have pictures of themselves on the internet of which they are not aware.
- 96% of students text while in class.

If your child has a cell phone, you might want to check this out for yourselves. Every phone company has online access that parents can use to check text messages (amount, incoming and outgoing phone numbers, times, etc.) as well as media/internet usage. Many of you are probably paying the bill, and may want to know what you are getting for your money. You might be surprised.

I know that a good number of our families are already addressing these issues. Good for them. Some are analyzing cell phone usage, using data from cell phone carriers, figuring out how many messages and calls are made, when, and where.

We all need to be conscious of how cell phones and the internet are being used by our students. It requires a team effort to educate our students about their responsibilities related to this new connectivity. Please make it a point to speak with your child on these issues, as well as the criminal and social consequences of misusing technology.

The Seton Catholic community emphasizes the value and dignity of each individual. Violating another's rights through improper use of a cell phone or the internet diminishes our character and ability to fully realize our potential. Therefore, we are committed to maintaining this discussion and to sharing information with our faculty, staff, students, and parents as technology continues to grow.

Bottom line—whether we are parents or educators—we want our children to have healthy experiences that will allow them to prosper intellectually, personally, and socially. The lessons we teach them now help shape them into the adults they will become. It is not easy, but it is the most important work any of us will ever do.

Peace!

Sincerely Yours in Christ,

Rick J. Ruhl
Principal

School Calendar Change

Monday, February 8, 2010 – NO SCHOOL
(All Seton Catholic Schools) – Executive order by the Archdiocese of Indianapolis.

PLEASE NOTE!**Time to Focus!**

The second semester is well-underway. Allow me to offer a few words of wisdom.

First, a few words for our seniors. All seniors must pay particular attention to our graduation requirements. Failure to abide by any of these will doom your of graduating with the rest of your class on the assigned date. Now is certainly not the time to coast. Finish strong, and continue to work hard. Your initial college acceptance is always provisional, pending a final review of your final high school transcript upon completion of the eighth semester. Seniors should also pay close attention to the service-hour requirements. Do not wait until April to address this issue. Please see Mrs. Valentini if you have any questions or need some guidance as to where you can fulfill these hours.

Second, issues regarding all students. Your first semester is completed. You have started a new semester. The slate was wiped clean. If your performance has been good thus far, I encourage you to continue to perform well or even improve your grades. For those who are struggling, I highly encourage you to take advantage of our tutoring opportunities offered through the Guidance Office or my office, especially with members of the National Honor Society. Do not wait too long to seek help, most of you already know if you need the help. Please do not hesitate to take the steps necessary to improve your performance.

Finally, watch that you do not stub your toe on academic eligibility issues as the quarter progresses. Please do not jeopardize your participation in Cardinal Athletics by not attending to your academic progress. I encourage all of our students to take advantage of the educational opportunities that Seton Catholic offers. Your parents are sacrificing much to send you here. Let's make this semester the best yet for all our Cardinals!

Attention Seton 6th Graders!

Step-up Day is just around the corner. We look forward to seeing you on **Friday, February 12, 2010.**
Lunch is on us!

Catholic Schools Week a Success

Last week, in the face of a few challenges posed by the weather, we celebrated Catholic Schools Week. The Parent-Teacher Guild helped kick off the week on Monday when they provided doughnuts for faculty and staff. Continuing what has quickly become an annual Catholic Schools Week tradition at SCHS, the Class of 2010 prepared and served a scrumptious breakfast for the entire school. Our kitchen started humming at 6:30am on Wednesday with all 16 sleepy-eyed seniors busily getting everything ready. On Friday, the PTG brought in a very special luncheon for the faculty and staff. I want to thank our parents for your tremendous generosity in providing this little token of appreciation. Finally, we wrapped up the week with an all-school assembly which featured a hotly contested round of all-school "Jeopardy Challenge."

A record crowd gathered in the Chuck Mosey Memorial Gymnasium for this year's Seton Star Spectacular on Saturday, January 30th. What a special event! Observances and celebrations are meant to give our students a sense of being part of something larger than our own school community. With that as our measuring stick, I think the week was a huge success!

Help for Haiti

The Parable of the Good Samaritan (Luke 10:36-41) illustrates the need to be "a neighbor" to those in need. In showing such hospitality, we are serving God. This simple, but powerful idea is interwoven into the very fabric of everything that we teach here at Seton Catholic. Immediately following the devastating earthquake in Haiti, our students began brainstorming ways in which they could extend a helping hand to our neighbors in Haiti.

We hit the ground running last week with a fiercely competitive fundraiser known as a "Penny War." In just five days, our students and staff contributed a little over **\$924!** Shortly, we will send this awesome donation to Catholic Relief Services to aid the recovery effort in Haiti.

Stay tuned.....more to come!

ISSMA Solo & Ensemble

SCHS is very well-represented in this year's ISSMA Solo & Ensemble Contest. The first round, which included voice and piano, took place in Muncie on Saturday, January 30. Participants included **Elise Armstrong, Adam Dolesh, Tyler Dolesh, Sarah Hornak, Joseph Linginfelter, Daniel Marsee, Adam Schroeder, David Schroeder, Louis Schroeder, Benjamin Smith, Eric Smith and James Zimmnicki.**

All of them did extremely well—each of them brought home a medal. In fact, our final medal count was an impressive 10 gold medals and one silver. **Gold Medals:** Elise Armstrong, trumpet; Adam Dolesh, tenor saxophone; Tyler Dolesh, trumpet; Sarah Hornak, flute; Joe Linginfelter, tenor saxophone; Daniel Marsee, clarinet; Adam Schroeder, trombone; Louis Schroeder, snare drum; James Zimmnicki, trumpet; Brass Quintet (Elise Armstrong, David Schroeder, Benjamin Smith, Eric Smith, James Zimmnicki). **Silver Medal:** Benjamin Smith, flute.

Congratulations to Elise Armstrong (2012) who earned a perfect score!

Way to Go!!!

It is a tremendous honor to be invited to the next round, the State competition. We are pleased to announce that the following SCHS instrumentalists are moving on to State: **Elise Armstrong, Joseph Linginfelter, Daniel Marsee, James Zimmnicki,** and the **Brass Quintet (Armstrong, D. Schroeder, B. Smith, E. Smith, Zimmnicki).**

Visit Our Campus

Come, Be a Cardinal for a Day!

Prospective students are encouraged to take advantage of Seton Catholic's shadowing program, **Cardinal for a Day.** You will attend a full day of classes with a current student, have lunch in the cafeteria, explore our beautiful facilities and discover all that Seton Catholic has to offer. There is no better way to get a feel for student life at SCHS.

Requests to shadow require a minimum of 48 hours to process. To schedule your visit, please contact our principal, Mr. Rick Ruhl, at 765.965.6956, e-mail him at rруhl@setoncatholichighschool.org.

SETON CATHOLIC SCHOOLS Grades Preschool -12

Registration Gala for 2010-2011

School Year

Tuesday, April 13, 2010

5:00 – 8:30 pm

The Alumni Center

Seton Catholic High School

233 South 5th Street

Richmond, IN

*This is THE night to register for
the 2010-2011 school year!*

*One place, One night.....All Grades.
Come, be part of the excellence!*

Congratulations & Thanks

Recently, Carson Bailey (Class of 2014) won the district competition in the annual Senator Richard Lugar Essay Contest. A first in our school's history, this is a tremendous feat indeed! The next stop for Carson's essay will be the State competition where it will be judged alongside other district winners from across Indiana.

Congratulations to all of the award recipients at this year's Seton Star Spectacular!

- Rev. Stephen Giannini:
NCEA Distinguished Graduate Award
- Mr. Malcolm Buroker: *Friend of Seton Award*
- Mr. Tim Elstro: *Friend of Seton Award*
- Mrs. Brenda King:
Teacher Appreciation Award
- Mrs. Elizabeth Stracener:
Teacher Appreciation Award

Thanks to the Hon. David Certo, Marion Superior Court Judge, who gave a powerful keynote address at the Seton Star Spectacular. Thanks as well to Mr. Tim Love and the Seton Catholic High School Band who masterfully entertained all in attendance. Finally, thanks to my 8th grade coat-checkers for a job well-done. They include: **Nitika Agrawal, Carson Bailey, Rebekah Dargie, Craig Heyob, Margaret Kinsey, Nicholas Madden, Karl Maurer, and Charlie Stiens.**



February 3 Wayne Co. Foundation Scholarship Applications Due (Srs.)
February 8 “Super Monday” – NO SCHOOL
February 12. Step Up Day (6th Grade Shadow Day)
February 15. President’s Day – NO SCHOOL
February 17 Ash Wednesday
February 19 End of 2nd Junior High Rotation

Sports Schedules

February 2010

Varsity Boys Basketball Schedule

2/5	Union County High School	A	7:30pm
2/13	Union City Community HS	Alumni Center	2:00pm
2/16	Tri-High Jr/Sr. High School	A	6:00pm
2/19	International School	Alumni Center	6:30pm
2/27	Cowan	A	6:00pm

Varsity Girls Basketball Schedule

2/2	Spring Valley Academy	Alumni Center	6:00pm
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8th Grade Boys Basketball Schedule

2/2	Dennis	A	6:00pm
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Junior High Girls Basketball Schedule

2/4	Test	A	6:00pm
2/8	New Castle	A	5:30pm
2/11	Eastern Hancock	A	6:00pm
2/15	Lincoln	Alumni Center	6:00pm
2/17	Northeastern	Alumni Center	6:00pm
2/22	Hagerstown	Alumni Center	6:00pm
2/24	Union County	Alumni Center	6:00pm

February 2010						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
ADULT LUNCH \$2.50 STUDENT LUNCH \$2.00	1 Chicken chop suey Over rice Broccoli Fruit and Milk	2 Turkey sandwich Chips Vegetables Fruit and milk	3 Grilled Ham & Cheese Sandwich Potatoes Vegetables Fruit and Milk	4 Hot dog Fries Vegetables Fruit and Milk	5 Chicken Fajita Salad Vegetables Fruit and milk	6 on the 5th Girls basketball team to sectional lunch
7 MENU SUBJECT TO CHANGE SALADS DAILY ON REQUEST	8 NO SCHOOL SUPER MONDAY	9 Beef and Noodles Potatoes Vegetables Fruit and Milk	10 Spaghetti Toss Salad Bread stick Fruit and Milk	11 Beef Stew Biscuit Cole slaw Fruit and Milk	12 WELCOME 6TH GRADERS Chicken Fried Chicken Potatoes/gravy Corn Fruit and milk	13
14	15 NO SCHOOL PRESIDENTS DAY	16 Tenderloin sandwich Mac and Cheese Vegetables Fruit and Milk	17 ASH WEDNESDAY Fish Potatoes Vegetables Fruit and milk	18 Chicken sandwich Fries Vegetables Fruit and milk	19 Meatless Baked spaghetti Toss Salad Breadstick Vegetables Fruit and milk	20 ASH WEDNESDAY HIGH SCHOOL. WILL EAT AND KNIGHTS OF SAINT JOHN
21	22 Chicken Rice Vegetables Fruit and Milk	23 Hamburgers Pasta salad Vegetables Fruit and Milk	24 Tacos Toss Salad Vegetables Fruit and milk	25 Chili Sandwich Celery and Carrots Fruit and Milk	26 Cheese Pizza Toss salad Vegetables Fruit and Milk	27 on the 26 th Boys basketball team to sectional lunch
28	Notes:					