

CARDINAL CAPTIONS JANUARY 2010



SETON
CATHOLIC
HIGH SCHOOL

Challenging minds. Building spirits.

233 South 5th Street
Richmond, IN 47374

www.setoncatholichighschool.org

*"We must learn to live together as brothers and sisters
or perish together as fools."*

--Dr. Martin Luther King, Jr.

Dear SCHS Family:

Each December, I am afforded the distinct privilege of taking the senior class to a very special Mass at Saints Peter and Paul Cathedral in Indianapolis. Our seniors join Archbishop Daniel Buechlein and hundreds of seniors from all the other Catholic high schools in our Archdiocese for a celebration of the Eucharist. This Mass is a wonderful celebration of Catholic schools throughout our Archdiocese, and is often a highlight of the senior year.

Hurry up and wait! The start time for the Mass is set at 10:00am. Those seniors, however, who are involved in one of the many ministries during Mass, must arrive by 8:00am. Typically, due to Seton Catholic's sheer numbers, this includes the majority of our seniors. This requires me to have us leaving Richmond by 6:30am. So, after rousing them out of bed and off to school bright and early, the seniors and I hustle over to Indianapolis, and simply sit around and wait patiently for Mass to start. That is perfectly fine with me, and it always adds to the experience for the kids. A little quiet time in our Cathedral is a great way to start the day.

With great anticipation, we boarded "Big Blue" on the morning of December 7 and set out for Indianapolis. Armed with a plan to help the seniors focus on the powerful and memorable experience awaiting them, I could not wait to get there. I guess that God had other plans; however, as this season's first truly tricky snowfall turned Interstate 70 into a shimmering ribbon of ice.

As we crawled along the highway, hemmed in by traffic on all sides, I nervously watched the minutes—then hours—tick away. Fr. Todd called to let me know that he was stuck in the same kind of gridlock coming from Terre Haute. With the skilled hands of Dave Smyre at the wheel, at least getting there safely was one less thing I had to worry about. The kids were great—not a whimper, a whine or even as much as an, ***"Are we there yet?"*** among them. I, on the other hand, could feel my stress level reaching its boiling point, but I tried not to let it show. As **HOOR #3** passed—still on the bus—I said a short prayer, ***"Let go, let God,"*** and all of my stress went away. We slipped into the Cathedral nearly half-way through Mass, but even that was OK. I am sure that our seniors' memories of that day will last a lifetime!

Let go, let God.....I firmly believe that the more we allow God to do in our lives, the more we will notice His works around us. If we can successfully give God our stresses, we will notice God's handiwork more often.

I love beginnings. A new year. A new season. A new car. A new house—or an old house that is new to you. And as we muddle through the bone-chilling darkness of a long winter's light, my thoughts turn to a new day. This time of year, every year, we typically pause to reflect on the major events of the previous year.

For some of my family and friends, last year was one of grief, sadness, and loss. I weep with them and am glad the year is done, though the grieving will continue. For some, last year was one of great joy and triumph. I celebrate with them. For most of us, last year was filled with a combination of ups and downs.

As I reflect on all that happened last year, I am comforted by the fact that there is a constant. In time of sorrow, in time of happiness, and in the middle time we most often inhabit, there is God. We can turn to him for comfort, for thanksgiving, for strength, and for guidance. Scripture assures us that we have the knowledge and we know the truth.

As dark as things get, the light shines in the darkness and draws us in. We must be open to the light and must become part of the light ourselves. That is a resolution worth renewing every day. To be a light when those around you are sad. To be a light when you would rather cover your head with the blankets and stay in bed. To be a light when you know it is time to do the right thing, no matter what others are doing.

I say thanks to God and ask for His help in becoming that light in the year ahead. ***Peace!***

Sincerely Yours in Christ,

Rick J. Ruhl
Principal

Welcome Aboard!

Bienvenidos! It is with much gratitude that I welcome our newest teacher, **Mrs. Kathy Schmidt**, to the Seton Catholic family. Mrs. Schmidt holds a BS in Education from Franklin College. Although new to the Seton Catholic community, Mrs. Schmidt is not a new teacher. Prior to coming to SCHS, Mrs. Schmidt taught for one year for Edinburgh Community Schools, one year for Union County Community Schools, and eight years at Lutheran High School in Indianapolis. Mrs. Schmidt teaches all of our Spanish classes.

1st Semester Honor Roll**HIGHEST HONORS (4.00 – 4.33)**

2011 – Jenna Kolb, Joseph Linginfelter, David Schroeder, Evan Schroeder, Joel Stocksdale; **2012** – Meghan Cooper, Liliana Guzman, Lauren Klaine, Harold Smith; **2013** – Johnathan Hornak, Adam Schroeder, Katelyn Thuman, Erin Tuegel, Kyle Westjohn; **JUNIOR HIGH** – Nitika Agrawal, Brady Gray, Connor Holthouse, Mariam Khamis, Shelby Miller, Louis Schroeder, Charlie Stiens, Matthew Westjohn, Peyton Young

HIGH HONORS (3.50 – 3.99)

2010 – Kate Beard, Steve Hornak, Joshua Thuman, Benjamin Wampler III; **2011** – James Zimnicki; **2012** – Mary Beth Deitz, Samuel Dickman, Clay Dolesh, Katelyn Haager, Daniel Marsee, Colleen Straight; **2013** – Bryan Beard, Emily Linginfelter; **JUNIOR HIGH** – Drew Barrett, Hope Bumbalough, Kaylee Cox, Abigail Dargie, Adam Dolesh, Tyler Dolesh, Sarah Hornak, Cody Lorsung, Patrick Marsee, Anthony Miller, Sarah Richards, Kyle Stocksdale, Taylor Webster

HONORS (3.00 – 3.49)

2010 – Kailyn Forrester, Brandon Funkhouser, Anthony LLerena, James Reimsnyder, Kyera Shelton, Benjamin Smith, Stephanie Straight; **2011** – Jourdan Brouse, Matthew Schroeder; **2012** – Elise Armstrong, Ashlyn Cox, Samantha Elstro, Ashley Mann, Christina Pennington, Eric Smith; **2013** – Anna Davis, Austin Poe, Dylan Reichley, Alexander Ruger; **JUNIOR HIGH** – Carson Bailey, Megan Bell, Chloe Conley, Rebekah Dargie, Margaret Kinsey, Natalie Kitchin, Aaron Mathews, Joel Meckley, Evan Pennington, Adam Reimsnyder, Kayla Shockey, Quinton Smith, Benjamin Swift, Natalie Wissel

63% of Entire Student Body Made 1st Semester Honor Roll.

Experience the Catholic High Difference

Tell a friend or co-worker. Help us spread the word. Plans are well underway for our upcoming Open House for prospective new families.

OPEN HOUSE

Sunday, January 24, 2010 ❖ 2:00 p.m.

❖ Chuck Mosey Memorial Gym

Come....experience the Seton Catholic difference! In the spirit of *Catholic Schools Week*, Seton Catholic High school is excited to invite you to our Open House on January 24, 2010, which will feature highlights for honors students, student-athletes, school spirit and traditions, admission and financial aid.

By enrolling your child at Seton Catholic High School, you connect them with a tradition of academic excellence, service, and success. This tradition of excellence will be shared with your child through:

- **Faith Stimulating Religious Education Program**
- **Rigorous College Prep Academic Curriculum**
- **Personal attention with small class sizes**
- **Highly Qualified Faculty**
- **Active campus life with many student activities and organizations.**
- **Cardinal Athletics with teams in baseball, basketball, cross country, golf, soccer, tennis, track and field, volleyball and cheerleading**
- **Vibrant Parent Involvement**
- **Top-quality education at an affordable cost**
- **Christian Community that is like Family**

Please join us at our Open House and discover the difference in a Seton Catholic High School education!

COME AND SEE

Do you know a student who is exploring high school and junior high school options? Our principal, Rick Ruhl, would be happy to speak to the student and his/her parents to tell them about the tremendous educational opportunities available at Seton Catholic.

Mr. Ruhl will also be happy to arrange a “shadow day” for any prospective student who wishes to attend a day of classes accompanied by a current Seton Catholic Cardinal. Mr. Ruhl stands ready to answer all your questions and make you feel at home at SCHS. Please call him, (765) 965-6956, or e-mail, rruhl@setoncatholichighschool.org, for more details.

Valedictorian & Salutatorian

Kate Beard has been chosen as the valedictorian of her senior class. Kate is the daughter of Michael and Mary Beard of Richmond. Kate is a member of St. Mary Parish. The valedictorian, who is the senior with the highest scholastic rank at the end of the first semester of his/her senior year, gives the farewell speech during the commencement ceremonies each year. In the fall, Kate will head to Purdue University, where she plans to major in Social Work/Counseling.

Kailyn Forrester has been chosen as the salutatorian of her senior class. Kailyn is the daughter of Michael and Laura Collier of Richmond. The salutatorian, who is the senior with the second highest scholastic rank at the end of the first semester of his/her senior year, gives the welcoming address during the commencement ceremonies each year. In the fall, Kailyn will attend Indiana University East, where she plans to major in Elementary Education.

H1N1 Vaccination for Students

We are working with the Wayne County Health Department to give the H1N1 influenza vaccine to students at the South Building during school hours.

DATE: Wednesday, January 13, 2010

TIME: Starting at 8:30am

The Health Department recommends vaccination as the best way to protect your child from this potentially serious strain of the flu. The vaccine may be administered by mist or injection. If you have any questions about the vaccine itself, please call the Health Department at (765) 973-9354.

IMPORTANT! This vaccination is totally optional. In the coming days, we will send a **Vaccine Consent Form** home with your child. If you want your son/daughter to participate, then please fill out the form and return it to the school ASAP. The form is rather lengthy. Please be sure to complete all sections.

FORM DUE DATE: Monday, January 11, 2010

The completed form must be submitted in order for your child to receive the vaccination. No exceptions will be made to this rule.

Some Special Thanks

We are blessed once again this year to have a remarkable number of parents volunteering to support SCHS. Many of these parents have always been willing to help, and many are new members of the Cardinal

family. I cannot imagine how we would accomplish all that we do without our gracious volunteers. Thank you, again, if you have been a steward of your time and talent to benefit our school.

NEW EQUIPMENT DEBUTS

The new Seton Cardinal softball and baseball motorized batting cage system is now up and running in the East Building Gym. Many heartfelt thanks to everyone who played a role in making this happen. Thanks to Keith Pugh, the good folks at Smarrelli General Contractors, Mr. and Mrs. Paul Phenis, E Systems Electrical Contractors, Frank Carr, the baseball staff at Earlham College, the Dickman family, Dan Dickman, Jeff Wise, Kessler's Team Sports, and the Athletic Department at Yorktown Senior High School.

A special thanks to Greg and Barb Easley, Fr. Todd, Jim Mackey, and Cindy Johnson who worked hard to turn an idea into reality. Thanks as well to the many people who "stepped up to the plate" with financial support. This simply would not have been possible without you.

Batter up!

CSW Plans Taking Shape

During the last week of the month, we will observe a national celebration of Catholic schools. We take advantage of this special time of year to recognize and acknowledge all those people who are involved in Catholic education. A tribute to the many people who selflessly "choose" to work in Catholic schools or who send their children to Catholic schools.

We are consistently fortunate to have so many fine people in our SCHS school community: wonderful teachers who are dedicated and hard-working; coaches who lovingly guide, mentor, and teach our student-athletes; parents who continually give what is needed and beyond to make excellence at Seton Catholic both expectation and reality; support people, from secretaries to kitchen staff to housekeeping and maintenance crews, the sometimes overlooked heroes in an operation that depends on them every day; and the members of the School Board who carry such overwhelming joy and energy that a building becomes a school and a job becomes a vocation.

THANK YOU!!!

More Behind the Scenes. . .

For the last several months, our Library/Media Center has been closed due to some necessary remodeling. I am very pleased to report that this beautiful space, which is regarded by many as one of our crown jewels, is open again and ready to serve our students.

Several outstanding individuals gave a great deal of time, talent, treasure, and strength to make this possible. Their selfless commitment to rolling up their sleeves and doing such hard work is something that I will always admire.

Special thanks to **Tim Elstro, Dan Reichley, Joe Fuller, Dave Burns,** and **Larry Juerling** on a job well-done!

Lost & Found

Parents, please help! Students are leaving personal belongings—coats/jackets/hoodies, clothing, shoes, calculators, medical devices, school supplies, etc.—unattended with increasing frequency.

SCHS is not responsible for lost articles. However, we do maintain a Lost & Found in the Main Office. All inquiries about missing items should be directed there.

Protecting God's Children

The Archdiocese of Indianapolis facilitates a number of outstanding professional development programs each year. One ongoing program that we participate in is called "Protecting God's Children," or "Virtus." Virtus is a very comprehensive programmatic approach to education and heightening awareness in preventing child sexual abuse. Continuing education is the key to creating safe environments. After attending an initial three-hour workshop, all staff members, coaches, and volunteers read an on-line bulletin each month. The on-line bulletins are well-written, easy to read, and informative. The following is a timely excerpt from a recent bulletin:

Question—*Should I allow my daughter or son to join an Internet social networking site?*

Answer—Prior to making this decision, you should first educate yourself about the social networking site. Once you have identified the social networking site that is most popular in your area, you must evaluate the site that your child plans to use and carefully read the privacy policy, code of conduct, and the rules. You should also find out if the site monitors the content that people post on their pages. The recommended

age for signing up for most social networking sites is usually 13 and over, although many underage young people still join by simply claiming that they are older. If your children are under the recommended age for these sites, do not let them use the sites. Most importantly, if you have allowed your child or teen to join and create a profile you should periodically review your child's page and their friends' pages for content. In some schools, social status is based upon how many "friends" one has listed on one's profile or home page. It is, therefore, essential that caring adults not only understand how these sites work, but also that they remain actively involved in monitoring how children and teens are using the sites.

Helpful Homework Tips

TEST-TAKING SECRETS

- Listen to and read all directions before starting.
- Read the entire question before answering.
- Keep track of time. *Example:* Twenty questions in one hour means three minutes per answer.
- Pay attention to words that affect the meaning of the question, such as no, not, never, always.
- Answer easy questions first. Then go back and answer the hard ones.
- Use time at the end of the test to check over work and answers.

Peer Tutoring

The Seton Chapter of the National Honor Society is pleased to announce the implementation of a peer tutoring program at SCHS. Peer tutoring in all subjects is now available before and after school every Tuesday and Thursday.

Guidance Corner

jsanford@setoncatholichighschool.org.

COLLEGE NEWS

College Acceptances to Date:

Kate Beard – Purdue University

Jon Drutowski – IU East

Brandon Funkhouser – IU-Bloomington

Steve Hornak – Earlham College

Anthony Llerena – IU-Bloomington

Kyera Shelton – Ivy Tech

Ben Smith – Bellarmine University, IU East

Josh Thuman – IU-Bloomington, Kent State University

Ben Wampler – Butler University, IU-East

ATTENTION SENIORS!

Your valid Social Security Number (SSN) must be on file in the school's Guidance Office by Friday, December 8. This information will greatly facilitate Mrs. Sanford's work in submitting student data for scholarships and other post-secondary opportunities.

College Goal Sunday

Sunday, February 21, 2010, 2:00pm

College Goal Sunday is designed for high school seniors who qualify for undergraduate admission to a college or technical school in 2010 and who need financial aid. All attendees will receive free help from financial aid experts in completing the Free Application for Federal Student Aid (FAFSA).

Ivy Tech Community College
2357 Chester Blvd
Richmond

FAFSA

Parents of seniors may now file the FAFSA (Free Application for Federal Student Aid) on-line at <http://www.fafsa.ed.gov>. (You do **NOT** want to use www.fafsa.com. This website will charge you to file the FAFSA.) The FAFSA can and should be filed at no charge to you. Universities use the FAFSA when handing out federal grants, student loans, and campus work-study jobs. Parents who do not wish to file the FAFSA electronically may obtain a paper application form by calling 1-800-4-FED-AID (1-800-433-3243) or by visiting www.edpubs.org.

Both parents and seniors need Personal Identification Numbers (PIN) in order to electronically sign the FAFSA. A PIN may be obtained at <http://www.pin.ed.gov>. Parents who have already obtained a PIN for older children do not need to get another one.

REGISTERING FOR SAT & ACT

For the SAT (given at Earlham College), www.collegeboard.com. For the ACT (given at IU East), www.actstudent.org. The Guidance Office strongly recommends registering at least two weeks before the registration deadline to avoid taking the test out-of-town.

College Board High School Code No. - 152966

SAT – Mar 13.....**Registration Deadline** – Feb 4
May 1.....**Registration Deadline** – Mar 25
June 5.....**Registration Deadline** – Apr 29

ACT - Apr 10.....**Registration Deadline** – Mar 5
June 12.....**Registration Deadline** – May 7

Identification Requirements: It is best to have a valid driver's license on hand in order to be admitted to the exam site. No driver's license?.....see Mrs. Sanford for other options.

Wayne Co. Foundation Scholarships

Attention seniors and parents of seniors.....the Wayne County Foundation Scholarship applications have arrived! Recently, Mr. Ruhl sent out an e-mail with several documents attached, including the application, release form, and online processing instructions. The completed applications must be submitted to Mrs. Sanford by 12:00 noon on **Wednesday, February 3**. No late applications will be accepted. Each application that is submitted on time will be thoroughly reviewed by a committee at SCHS.

For your convenience, we are including a brief summary of the latest scholarship opportunities offered through the Wayne County Foundation.

2010 Seton Schools Scholarships**ANGELA BRINKER – \$2,900**

To provide tuition assistance to students who are enrolled in a Seton Catholic School in Wayne County, Indiana and who demonstrate financial need.

WILLIAM & CLARE DEXTER – \$1,600

Assist students with tuition at Seton Catholic High School who demonstrate financial need.

FIRST BANK – \$20,000

Awarded to one or more students from the First Bank Richmond service area who are enrolled in a private high school in Wayne County and who demonstrate financial need. Selection is made by a committee comprised of representatives of First Bank Richmond and two school representatives.

MARY HATFIELD JENKINS – \$1,865

A graduating senior at Seton Catholic High School who is recognized for academic excellence and who demonstrates financial need.

KIRK LITTLE POST 1108, VFW #6 – \$1,000

A graduating senior at Seton Catholic High School who is recognized for academic excellence, with preference given to lineal descendent of a veteran.

ROBERT A. LUERMAN & CARL H. LUERMAN – \$3,000 (2 awards; total listed)

Assist at least two students with tuition at St. Elizabeth Ann Seton Catholic Elementary School who demonstrate

financial need. Selection will be made by the school's scholarship committee.

HENRY J. & HEDWIG SEEGER LUERMAN – \$3,000 (2 awards in equal amts; total listed)

Assist at least two students with tuition at St. Elizabeth Ann Seton Catholic Elementary School who demonstrate financial need. Selection will be made by the school's scholarship committee.

MARY E. MAURER, HILDA DICKMAN HEROLD, & MARTHA JANE DICKMAN – (2 awards in equal amounts; one male/one female)

A graduating senior at Seton Catholic High School who is Catholic, has been confirmed, and attends Mass regularly. The awardee will be of good character and active in the community.

SETON CATHOLIC HIGH SCHOOL – \$200

Assist students with tuition at Seton Catholic High School who demonstrate financial need.

ST. ELIZABETH ANN SETON – \$300

Provides tuition assistance to students who are enrolled in St. Elizabeth Ann Seton Catholic Elementary School in Wayne County, Indiana, and who demonstrate financial need. The selection committee will consist of the Pastor and two additional individuals appointed by the Pastor.

WAYNE COUNTY COLLEGE FUND – \$520

Renewable last dollar scholarships based on financial need for students attending a Wayne County college.

EARL BAKER MEMORIAL

To be awarded to a student from a Wayne County high school who is academically able, demonstrates financial need and plans to attend Purdue University.

LUCILLE CAMPBELL – \$1,100 (4 yr award; total award amt listed)

To be awarded to a student from a Wayne County high school enrolling in an accredited post-secondary institution and who demonstrates financial need.

W. BARRY CULY 4-H MEMORIAL – \$1,000

To be awarded to a student from a Wayne County high school enrolling in an accredited post-secondary institution who has participated in 4-H for at least four years. Preference will be given to those in beef livestock; is a positive representative of his/her community and school; demonstrates service to his/her community and leadership in extra-curricular activities. Financial need may be considered.

LILLY COMMUNITY SCHOLARSHIP

To be awarded to two outstanding students from a Wayne County high school planning to attend an Indiana college. Full tuition and an \$800 book stipend.

GALEN MILLER – \$300

To be awarded to a student from a Wayne County high school who has volunteered with organizations serving the developmentally disabled.

MARIAN NISWANDER BUSINESS – \$250

To be awarded to a student from a Wayne County high school who will attend a liberal arts college or university in Indiana, pursuing a general business major.

DOROTHA PACKARD MEMORIAL – \$1,300

To be awarded to a student from a Wayne County high school enrolling in an accredited post-secondary institution.

PERFECT CIRCLE CREDIT UNION

To be awarded to a student from a Wayne County high school enrolling in an accredited post-secondary institution.

HAROLD W. RYAN MEMORIAL – \$1,000 (4 yr award; total award amt listed)

To be awarded to a student from a Wayne County high school pursuing a vocation in public safety, especially in the field of law enforcement, firefighting, or emergency medical training.

MARY E. HILL MEMORIAL (multiple awards)

To be awarded to students studying in the medical field, excluding psychology, with priority given to minority students. Selection made by the Mary E. Hill Scholarship Committee.

REID HOSPITAL DEPENDENT SCHOLARSHIP – \$10,000 (10 awards in equal amounts)

Applicant must be a dependent child of a current Reid Hospital employee and pursuing an undergraduate degree at an accredited university or college. Applicant must be enrolled in a full time course of study in a health-care related field typically found in a hospital including, but not limited to nursing, radiology, respiratory, laboratory, pharmacy, rehabilitative services or medical records.

ANONYMOUS – \$2,000 (2 awards in equal amounts)

To be awarded to a student from Centerville, Northeastern, Lincoln, Hagerstown or Seton Catholic High School who plans to study music.



January 18 Martin Luther King Day – NO SCHOOL
 January 20. All-School (preschool – 12) Mass, St. Mary Church, 8:00 a.m.
 January 24-30. Catholic Schools Week
 February 9 Step Up Day (6th Grade Shadow Day)
 February 12 Step Up Day (6th Grade Shadow Day)
 February 15 President’s Day – NO SCHOOL

Sports Schedules

Varsity Boys Basketball Schedule

1/8	Horizon Christian*	A	8:00pm
1/15	Greenwood Christian Academy*	Alumni Center	7:30pm
1/16	National Trail	Alumni Center	6:00pm
1/23	Northeastern	A	6:00pm
1/26	Lakeview Christian*	A	7:30pm

Varsity Girls Basketball Schedule

1/8	Horizon Christian*	A	6:30pm
1/15	Greenwood Christian Academy*	Alumni Center	6:00pm
1/26	Lakeview Christian*	A	7:30pm
1/29	Sidney Christian Academy (OH)	Alumni Center	6:00pm

* Boys/Girls Doubleheader

Jr. High Boys Basketball Schedule

1/14	New Castle MS	Alumni Center	6:00pm
1/16	Randolph County Tournament	A	TBA
1/18	Eastern Hancock MS	Alumni Center	6:00pm
1/20	Centerville JH	Alumni Center	6:00pm
1/26	Lincoln	Alumni Center	6:00pm
1/28	Community Christian	Alumni Center	6:00pm

Junior High Girls Basketball Schedule

1/19	Connersville MS	Alumni Center	6:00pm
1/27	Randolph Southern	Alumni Center	6:00pm

January 2010						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 HAPPY NEW YEAR	2
3	4 Chicken Rice Vegetables Fruit and milk	5 Chicken Sandwich Fries Vegetables Fruit and milk	6 Chili Ham & cheese sandwich Celery and carrots Fruit and milk	7 Beef stew Cole slaw Biscuits Fruit and milk	8 Taco's Salad Vegetables Fruit and milk	9
10	11 Chicken Nuggets Potatoes/gravy Vegetables Fruit and milk	12 Fries with meat And cheese Vegetables Fruit and milk	13 Chicken Fajita Salad Vegetables Fruit and Milk	14 BBQ Sandwich Cheese Potatoes Vegetables Fruit and milk	15 Beef stroganoff Noodles Vegetables Fruit and milk	16
17	18 NO SCHOOL Martin Luther King Jr. day	19 Tenderloin Mac and Cheese Vegetables Fruit and milk	20 Spaghetti Toss Salad Breadstick Fruit and milk	21 Chicken Potatoes/gravy Vegetables Fruit and milk	22 Pizza Toss salad Vegetables Fruit and milk	23
24 CATHOLIC SCHOOLS WEEK	25 Chicken Chop Suey Over rice Vegetables Fruit and milk	26 Hamburgers Fries Vegetables Fruit and milk	27 Turkey Manhattan Vegetables Fruit and Milk	28 Chicken Fajita Salad Vegetables Fruit and milk	29 Biscuits/gravy Hash browns Vegetables Fruit and Milk	30
31	Notes: ADULT LUNCHES \$2.50 MENU SUBJECT TO CHANGE STUDENT LUNCHES \$2.00 SALADS SERVED DAILY WHEN ORDERED					