

CARDINAL

CAPTIONS
MARCH 2010



SETON
CATHOLIC
HIGH SCHOOL

Challenging minds. Building spirits.

233 South 5th Street
Richmond, IN 47374

www.setoncatholichighschool.org

"Be still and know that I am God."

--Psalm 46: 10

Dear SCHS Family:

Hurry up and wait! So much to do....so little time. For me, this often sums up the season of Lent. My February, March, and April calendars are jammed with so many meetings, events, and other commitments. Finding quiet time to get away, to pray and continue along the path of my own faith journey is quite a challenge, but it is one that I welcome whole-heartedly.

The months between these newsletters seem to quicken each year. This school year has been hectic and yet, so enjoyable. I know it is very cliché, but time is simply flying by. The seniors reminded me recently that it is time to begin our long and sincere farewell to the Class of 2010. Branch Out Day, prom, Baccalaureate Mass, and graduation will arrive quickly, and we will all wonder where the years went. What a great group of men and women this class has been, and what extraordinary things they will do in their futures!

At SCHS, our daily Morning Prayer assembly is something that I look forward to each day. Through Morning Prayer, I have the distinct privilege of sharing the "Good News" with the entire school community every day. I would like to share a brief reflection that I gave to our student body recently during Morning Prayer.

This is the time of year when I discover how little I am in control. A quick skid on a little black ice on snowy, slick road last Saturday night gave me a hair-raising reminder of my own vulnerability. During Mass on Ash Wednesday, we were reminded that we are dust and to dust we will return. We are only on this earth for a short time. How do we use that time? For many of us, our lives are consumed by deadlines. We busy ourselves working from one to another. There is so much to be done. Our "to do lists" grow longer each day.

Here we sit in the dog days of another bone-chilling winter. I must admit that I absolutely loved the first couple of snowfalls this season. My cozy little abode looked even cozier under a fresh blanket of glistening white. But the charm quickly wore off as the second *snowiest* February on record continued to unfold. Now, after some 22 plus consecutive days of snow-covered ground, as well as 31 of the last 34 days with below normal temperatures, I am so

ready for winter to end. The days are still short and gray is everywhere. We spend nearly all of our time indoors. Colds and flu circulate through the population. Just listen to all the coughing, hacking, wheezing and sniffing at any of our Sunday Masses to know that this is true.

This time of year, we grow weary and become tired. We become complacent people. We become frustrated. At times, our frustration leads to doubt. At other times, it leads to rebellion. We focus on the shortcomings of our environment. We can easily become critical and cynical. In close quarters, it is easy to notice the faults of others. Early last month, after canceling school for the third straight day due to weather, one parent called and begged me not to cancel school again the next day. I am sure that many of us are experiencing a little "cabin fever" these days. All of this adds up to cause us to become the people Jesus warns us not to be in the Gospel.

As we live out our human condition, we pray that God will look upon us with mercy. The Gospel asks us to remain patient and to be merciful to others in return. This Lent, let us ask ourselves: How much do I give? Do I give properly? Do I give enough? Do I give by choosing the best? Do I give fully?... I marvel at how well Lent and the Easter seasons are timed to the environment in our part of the world. The Lenten Gospels present Jesus in his season of challenge.

My prayer today is for the insight to recognize the places where my efforts on this earth can make a difference. I pray for the strength and will to use these opportunities wisely. I pray for hope and patience to endure. I pray for the grace to once again appreciate the world as a gift.

Peace!

Sincerely Yours in Christ,

Rick J. Ruhl
Principal

SETON CATHOLIC SCHOOLS
Grades Preschool -12

Registration Gala for 2010-2011
School Year
Tuesday, April 13, 2010
5:00 – 8:30 pm

The Alumni Center
Seton Catholic High School
233 South 5th Street
Richmond, IN

*This is THE night to register for
the 2010-2011 school year!*
One place, One night.....All Grades.
Come, be part of the excellence!

“...A lot of the crowd is from the Richmond Catholic Community. It’s nice to see them at the game and then at Mass on Sunday.”

Adam Schroeder, SCHS Class of 2013
The Criterion 26 February 2010

A Thought for Lent

As Catholics we are asked to give something up or add something meaningful during the 40 days of Lent. In my younger days, I thought that this was a time in which I only had to give up chocolate or ice cream. While those are great actions and worthwhile, I have come to truly find the meaning behind those acts, now that I am a little older. It is the pain or discomfort we experience when we have to say no to something or give something up (*coffee!*) that helps us connect with the vast amount of suffering Jesus went through. Whenever I think about how much pain and suffering Christ endured for us, the act of giving up meat and fasting on Fridays, and taking one thing out of my life for a few days seems so easy, but always meaningful.

Lenten Schedule at SCHS

Thurs., March 4: Service – Way of the Cross, 10:45am
Thurs., March 11: Way of the Cross, 10:45am
Thurs., March 18: Penance (Reconciliation), 10:45am

Holy Week

Tues., March 30: “Chrism Mass”, 10:45am
Wed., March 31: Seder Meal
Thurs., April 1: Prayer Service – Tenebrae, 10:45am

Prayer Request

Please keep Tim Love in your prayers. Beginning March 1st, Mr. Love will ramp up his treatment regimen for cancer. This includes at least three weeks of intensive, inpatient treatment (massive doses of chemotherapy drugs) to rid his body of the cancer. We pray for Tim, his wife Holly, their family and his caregivers. We pray as well that he emerges from this ordeal cancer-free, and is able to rejoin us soon.

I hope to be able to provide occasional updates of Mr. Love’s progress as this plays out over the coming weeks.

School Calendar Change

- Monday, April 5, 2010: Weather Make-Up Day – Full Day of School
- Friday, April 23, 2010: Weather Make-Up Day – Full Day of School

Please mark your calendars now.

In August 2009, we started the school year with a calendar that included 183 school days. In the past three months, we have cancelled school 5 times—4 snow days, 1 “Super Monday” day. Any additional snow days will result in us adding school days in June.

Advance College Project at SCHS

We are thrilled to announce the implementation of **dual credit classes** at Seton Catholic! Starting in the fall of 2010, we will partner with Indiana University’s Advance College Project (ACP) to offer our students several dual credit opportunities. Indiana University’s Advance College Project is a concurrent enrollment program, also referred to as dual enrollment, which allows qualified students to take college courses for college and high school credit at the same time. ACP offers transcribed college credit to high school seniors (and some juniors) who enroll in IU courses offered at their local high school. These classes are taught in their high school (SCHS) during the regular school day by university-trained high school teachers.

Through Concurrent Enrollment Partnerships students can earn college credit prior to graduating from high school. The students earn transfer credit by signing up for the course(s) offered in their high school (SCHS). ACP courses provide a challenging college-level experience. Each course covers the same content, has the same expectations, and awards the same credits as the course taught on campus at Indiana University. The high school teachers are adjunct faculty who have been approved and trained by the corresponding university departments.

After assessing the compatibility of our current course offerings with ACP offerings, we have the potential to offer as many as five ACP classes in the fall. In the coming weeks, teachers will formally apply to teach in the Advance College Project. Those teachers who are accepted into the program will engage in four days of intensive training down at IU-Bloomington this summer.

ACP offers us an exciting step forward as we continue to enhance our curricular rigor and offerings.

More ISSMA Solo & Ensemble Results

Our outstanding student musicians performed exceptionally well at this year's ISSMA Solo & Ensemble Contest. Congratulations to all who were involved. Seven SCHS students advanced all the way to the State finals last month in Indianapolis! All seven earned medals at the State finals. **Gold Medals:** Elise Armstrong, trumpet; Daniel Marsee, clarinet; James Zimmnicki, trumpet; and Brass Quintet (Elise Armstrong, David Schroeder, Benjamin Smith, Eric Smith, James Zimmnicki). **Silver Medal:** Joe Linginfelter, tenor saxophone.

Congratulations & Thanks

Our Boys' Basketball Senior Night was Friday, February 19. In a brief ceremony in front of a packed house, senior **Luke Reimsnyder** was honored for all of his hard work, commitment and dedication to our basketball program over the years. Luke is an outstanding example of what it truly means to be student-athlete at Seton Catholic.

On to Sectionals!

Hey Cardinal fans, "March Madness" is here! On Tuesday, March 2nd, our Boys Basketball team will open tournament play in this year's IHSAA Sectional Tournament. Blue River Valley High School is the place to be as we take on the host school in the **7:00 p.m.** game. Our game is the only contest scheduled that night. The doors will open 60 minutes prior to the game.

Everyone must have a ticket to enter. Single game tickets are only available at the door at a cost of \$5.00. You may purchase an "all-session" pass in our school office until the end of the school day on Tuesday, March 2nd. These tickets, which will not be sold at the door on the day of the game, are available for \$9.00.

Let's pack the place and root our boys on to victory!

If You Go.....

Blue River Valley High School. 4741 N Hillsboro Rd; Mt. Summit. Take US-35 N to US-36. Turn left on US-36 and head west nearly 8 miles to N Hillsboro Rd. Turn left and find the high school. (If you get to IN SR-103 or IN SR-3, you have gone too far.)

43 minutes

- ✘ Balloons, banners, signs, posters, etc. are not permitted
- ✘ Cowbells and other noise-making devices are not permitted
- ✘ No live animal mascots are permitted
- ✘ Fans shall not be permitted on the playing surface at anytime
- ✘ All students must be in the bleachers – no one is permitted to stand on the floor
- ✘ Portable radios, DVD players, etc. are not permitted on the playing surface
- ✘ The throwing of articles, including toilet tissue, is not permitted
- ✘ Blue River is a smoke-free/tobacco-free campus

ISTEP+ Testing

The first two weeks of March (March 2-10) marks Indiana's first round of the annual spring ISTEP+ testing. At SCHS, our seventh and eighth graders will be taking this round of tests. The spring tests will be given in two parts. Part one, which includes short answer and essay questions, will be given at Seton Catholic on March 2, 3, & 5. Part two, which includes multiple choice questions, will be given from April 26 to May 5. For more information, visit www.doe.in.gov/istep.

For numerous reasons, it is extremely important that **ALL** seventh and eighth graders participate fully and completely in the state's testing program. **PARENTS, PLEASE HELP!** We are mandated by the state to give the test. The tests will be administered during the morning hours each day. Parents are encouraged to avoid scheduling appointments or pulling children out for any reason during the testing periods. NOTE: A student who misses any part of a test—for any reason—will invalidate his/her entire test. **An invalid test impacts both the student and the school!**

Regardless of which grade level test a student is taking, he/she should bring a calculator and several sharpened #2 pencils (the essays are to be written in pencil). The best way a student can prepare for these tests is to eat a good breakfast each morning, and get plenty of sleep each night during the testing period. This advice is timeless and will get results!

Attendance Policy Reminder

As we plod along and get closer to spring vacation, I would encourage you to review our attendance policies. The school strongly discourages extended vacation days. A request for an extended vacation is to be made via written note to the administration **two weeks** prior to the time desired. Vacations taken outside of scheduled school vacation days are *not* considered excused absences.

Visit Our Campus

Come, Be a Cardinal for a Day!

Prospective students are encouraged to take advantage of Seton Catholic's shadowing program, *Cardinal for a Day*. You will attend a full day of classes with a current student, have lunch in the cafeteria, explore our beautiful facilities and discover all that Seton Catholic has to offer. There is no better way to get a feel for student life at SCHS.

Requests to shadow require a minimum of 48 hours to process. To schedule your visit, please contact our principal, Mr. Rick Ruhl, at 765.965.6956, e-mail him at rruhl@setoncatholichighschool.org.

Guidance Corner

jsanford@setoncatholichighschool.org

Attention seniors and parents of seniors:

The FAFSA deadline is Wed, March 10, 2010. You do not want to miss this deadline. Please contact Mrs. Sanford if you have any last-minute questions.

College News

College acceptances to date:

Kate Beard – Purdue University

Patrick Dargie – IU East

Robert Dargie – IU East

Jon Drutowski – IU East

Kailyn Forrester – IU East

Brandon Funkhouser – IU-Bloomington

Stevie Hornak – Butler, Earlham, Wabash College

Anthony Llerena – IU-Bloomington, IU East

Luke Reimsnyder – Xavier University (OH), University of Findlay (OH)

Kyera Shelton – Ivy Tech

Ben Smith – Bellarmine University, IU East

Josh Thuman – IU-Bloomington, Kent State

Ben Wampler – Butler, IU-Bloomington, IU-East, IUPUI, Purdue University, University of Dayton (OH)

✱ 81% (13/16) of the Class of 2010 has been accepted into at least one post-secondary institution.

SENIOR SCHOLARSHIP LETTERS

It is time to begin preparing for the senior honors convocation ceremony and graduation program. We want to acknowledge all scholarship and athletic/music grant offers that seniors have received, including those that many have been declined. For validation purposes, a copy of the award letter(s) should be sent to the guidance office. The deadline to submit this information for inclusion in the graduation program is Monday, May 3.

REGISTERING FOR SAT & ACT

For the SAT (given at Earlham College), www.collegeboard.com. For the ACT (given at IU East), www.actstudent.org. The Guidance Office strongly recommends registering at least two weeks before the registration deadline to avoid taking the test out-of-town.

College Board High School Code No. - 152966

SAT – May 1.....**Registration Deadline** – Mar 25

June 5.....**Registration Deadline** – Apr 29

ACT - Apr 10.....**Registration Deadline** – Mar 5

June 12.....**Registration Deadline** – May 7

Identification Requirements: It is best to have a valid driver's license on hand in order to be admitted to the exam site. No driver's license?.....see Mrs. Sanford for other options.

Senioritis.....don't be a victim!

You have heard rumors since sophomore year, stories about your friend's cousin's brother's girlfriend—she finally succumbed to the pressure. It is unavoidable, right?! Wrong! Senioritis was created centuries ago to convince teachers, parents and other concerned “adults” that it is impossible for students to stay focused during their senior year. Simply by virtue of being a senior and having college applications complete, senioritis attacks and there is no way to stop it! But wait—I have investigated and discovered that senioritis is in fact an urban legend. Here are some tips to help you protect yourself and your friends from this fabrication. Read on if you dare.....

Stop counting days! – “A watched pot never boils.”

Keeping a daily tally of the days remaining until graduation is an exercise in futility. You can become so preoccupied with tomorrow that you may miss something today.

Finish strong – Complete your assignments and projects on time.

Check in with the Guidance Office – Mrs. Sanford will provide the needed verification that you are still focused on your future.

Celebrate your accomplishments – Shout to the world and let everyone know that you are approaching one of life’s special rites of passage.

Enjoy your remaining days in high school and the experiences that have elevated you to SENIOR status (wise and all-knowing leaders).

GO SETON!



- March 2-5Spring ISTEP+ Testing
- March 8. Step-Up Day (*Welcome, Seton Class of 2016!*)
- March 9-11GQE Re-Test at SCHS
- March 12 End of 3rd Quarter
- March 22-26. Spring Vacation
- April 2.Good Friday – NO SCHOOL
- April 5.Full Day of School (wmu)
- April 13.Registration Night Gala – Seton Schools
- April 23.Full Day of School (wmu)
- April 27-30.Spring ISTEP+ Testing

March 2010						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
ADULT LUNCH \$2.50 STUDENT LUNCH \$2.00	1 Chicken Nuggets Potatoes/ Gravy Vegetables Fruit and milk	2 Beef Stew Cole Slaw Biscuits Fruit and milk	3 Chicken Fajita Toss salad Vegetables Fruit and Milk	4 Chicken Noodles Potatoes Vegetables Fruit and Milk	5 Fish Butter parsley potatoes Vegetables Fruit and milk	6
7 SALADS DAILY MENU SUBJECT TO CHANGE	8 WELCOME 6TH GRADE Chicken Fried Chicken Potatoes/gravy Corn Fruit and milk	9 Tenderloin Cheese Potatoes Vegetables Fruit and milk	10 Turkey sandwich Potatoes Vegetables Fruit and Milk	11 Spaghetti Toss Salad Breadstick Fruit and milk	12 Cheese Pizza Toss Salad Vegetables Fruit and milk	13
14	15 Chicken Rice Vegetables Fruit and Milk	16 Biscuit/gravy Hash brown Vegetables Fruit and Milk	17 Taco Casserole Toss Salad Vegetables Fruit and Milk	18 Chicken Noodles Potatoes Vegetables Fruit and Milk	19 Fish Mac and Cheese Vegetables Fruit and Milk	20
21	22 SPRING BREAK	23 SPRING BREAK	24 SPRING BREAK	25 SPRING BREAK	26 SPRING BREAK	27
28	29 Beef Noodles Potatoes Vegetables Fruit and Milk	30 Chicken Sandwich Fries Vegetables Fruit and milk	31 Taco's Toss salad Vegetables Fruit and milk	APRIL 1ST Turkey sandwich Chips Vegetables Fruit and milk		