

# CARDINAL

## CAPTIONS

OCTOBER 2009



SETON  
CATHOLIC  
HIGH SCHOOL

Challenging minds. Building spirits.

233 South 5<sup>th</sup> Street  
Richmond, IN 47374

[www.setoncatholichighschool.org](http://www.setoncatholichighschool.org)

*"One thing I know, the only ones among you who will be really happy are those who have sought and found how to serve."*

--Albert Schweitzer

Dear SCHS Family:

I must admit that I am simply fascinated by the life story of St. Elizabeth Ann Seton, our schools' patron saint. It is one of profound faith, abiding love, and dogged perseverance. Thanks to her founding our country's first free Catholic school back in February of 1810, it is also a story about tradition.

After bidding a fond farewell to the Class of 2009, our 4<sup>th</sup> graduating class, I started to think about the many traditions that are already taking root here at SCHS. Tradition is a word that is often used when one describes our Catholic Church and more specifically our Catholic Schools. In fact, there is research that tells us that the tradition that surrounds many of our Catholic Schools is one of our greatest assets.

Many hard working, dedicated and committed people (religious men and women and lay people) have gone before us and established many of the positive traditions that are so revered in our Catholic Schools. Some of those traditions include a disciplined school environment with high expectations for all students, a strong sense of community with Jesus Christ as its daily focus, an education that forms young people in spirit, mind and body and the emphasis of community service as a vital component in a student's education.

Seton Catholic continues to build on those and many other fine traditions associated with our Catholic Schools. The result is a vibrant, positive energy present in our school that is healthy for young people. We are making a daily attempt at Seton Catholic to make the living faith of the dead a very real part of our students' experience. Discipline, hard work, rigor, faith in Jesus Christ, serving others, a sense of community—these are valued traditions that have withstood the test of time and are cementing the cornerstone of an excellent Catholic education that is found at SCHS.

The young people at SCHS benefit immensely from finding themselves in a wholesome, Christ-centered

environment each day. They benefit immensely from being surrounded by other students who, like them, are motivated to do well and who have high goals and aspirations for themselves. They benefit immensely from their consistent involvement with some of the most dedicated, talented teachers, administrators, coaches and staff that exist. The students benefit from an education that includes celebrating Mass together, participating in retreat experiences and daily prayer! All of these things and many more help us do a lot for young people.

**BUT**—Seton Catholic and all our Catholic Schools can do so much more for young people who come from families grounded in their faith who live their faith life. If SCHS is the only place where prayer is a part of their life, if a weekly school Mass at SCHS is the only Mass they attend, if Seton Catholic is the only place where serving others is a part of their life, if Seton Catholic is the only place where Jesus is mentioned, then our young people are being short-changed. When our young people see, hear, live and experience the Gospel messages both at home and at school it makes for a powerful combination.

Please join me in giving praise, glory and thanks to God for our Catholic Schools, and for those who have gone before us who helped make them one of the finest traditions in our country. My prayer today is that we are all successful in doing our part to build on the traditions of our Catholic Schools so that future generations of young people can benefit from them.

*Peace!*

Sincerely,

Rick J. Ruhl  
Principal

**Parents.....Please Note!**

**12.6 Appointments**

Seton Catholic discourages the scheduling of medical appointments during school hours. If, however, a student must schedule a medical appointment during school hours, he/she must bring to the school office a note from his/her parent or guardian indicating the time of departure from school for the appointment, the doctor's name and the doctor's address. **If a student is driving to an appointment, he/she must sign "out" at the school office before leaving the building. If a student is being driven to an appointment by a parent/guardian, the parent/guardian must come to the school office and sign the student out.** It will not be necessary to sign the student back "in", if the student has a physician's excuse with them. Failure to provide this note will result in the student's absence being considered unexcused.

*Note: Absences because of appointments count toward the total number of absences in class for the semester as well as against perfect attendance.*

**Explore the Great Outdoors**

One of my favorite childhood memories is the great times my brother and I had playing outside with friends in the neighborhood. On a typical summer day, we would head out bright and early, stopping just long enough for meals, before heading out again. Once the streetlights started to flicker, we would scamper back home. Those were the days!

Have your children lost touch with nature? When was the last time they rolled around in a pile of leaves, climbed a tree, rode their bikes, chased a butterfly through the park or went wading in a creek? In today's technological world, it is far too easy for our young people to sit for hours at a time in front of their computer or video game systems.

Kids need outdoor time. It is good for them. There is plenty of research that backs this up. According to experts, the lack of outdoor time can take a toll on kids' physical, emotional and psychological well-being.

So make it a point to allow your children plenty of time to play outside—and get out there with them! Take a hike, paddle a canoe, explore a nature trail, hunt for bugs or go fishing. Connecting with nature is good for their bodies—and their souls!

**Weather Delays/Closings**

Severely inclement weather and/or poor driving conditions may make it necessary to close the school for a day or delay the opening of school. In the event of inclement weather, the principals of both Seton Elementary and Seton Catholic High Schools work together to decide the proper course of action. The decision to delay or cancel classes will be made before 6:00am. Every effort is made to get this information to the local broadcast media in a timely fashion (i.e., before 6:15a.m).

**NOTE:** Seton Schools act independently of any other area public or private schools when deciding delay or close due to weather. We do NOT automatically follow the area public school corporations' decisions.

We will continue to report inclement weather announcements through the major Richmond radio stations. The following media outlets will air our announcements. The terms "Seton Catholic Schools," or "Seton Catholic High School" may be used interchangeably.

**RADIO**

Kicks-96 FM  
G101.3 FM  
WKBV AM  
WHON AM

**TV STATIONS**

WISH TV Ch. 8 (Indy)  
WTHR Ch. 13 (Indy)  
FOX 45 & ABC 22 (OH)  
WHIO Ch. 7 (Dayton)

Seton Schools will be open unless a public announcement is made over the radio or television stations listed. **Please do not call the school.**

In the event that deteriorating weather makes it necessary to close school early, every effort will be made to contact parents and arrange for transportation of all students.

**NOTE: No Parent-Teacher Conferences**

The State Department of Education recently announced several new guidelines regarding the school year calendar construction and what counts as a school day. These guidelines provide much more uniformity for school officials across the state and reinforce the importance of seat time for face-to-face instruction.

The new guidelines also challenged us to re-think how we do Parent-Teacher conferences at SCHS. We have done away with the Fall conferences that typically take place each October. With our thorough implementation of Edline, we feel confident that we can provide the same kind of communication that conferences would accomplish in a more efficient manner. **Parents are encouraged to request a conference with a teacher any time.**

## **Clubs are Back!**

The link between students' success in school and their involvement in extracurricular and/or co-curricular activities is well-documented. At Seton Catholic, we feel the importance of such involvement by our students cannot be overstated. In fact, to help promote student involvement in clubs, we build them into our weekly schedules.

Our club rotations are off to an excellent start. A brief sampling of the current clubs and student organizations at SCHS includes: **A Promise to Keep, Broadcast, Cardinal Singers, Chess, Crafting for Charity, Drama, Environmental (Green Club), Euchre, National Honor Society, Praise Band, Science, Scrapbooking, Spirit, and Student Council.**

Club sign-ups have been strong, and many students have already embraced the wide array of opportunities here. Touch base with your child to see which club he/she has joined. Remind your child of the importance of getting involved in a club, organization, or group at Seton Catholic High School.

## **Peer Tutoring**

### **Great student tutors are standing by!**

The Seton Chapter of the National Honor Society is pleased to announce the implementation of a peer tutoring program at SCHS. Peer tutoring in all subjects is now available before school every **Tuesday**.

☞ **7:30 – 8:10 a.m. Room 201**

☞ **3:15 – 4:00 p.m. Room 201**

## **Guidance Corner**

[jsanford@setoncatholichighschool.org](mailto:jsanford@setoncatholichighschool.org).

### **SOME QUICK THOUGHTS. . .**

- ✘ Please stay aware of your student's academic progress through Edline. This important tool helps both parents and students monitor their progress in all of their classes. Contact the school office if you have any questions regarding Edline.
- ✘ Remember to have fun with our extracurricular activities, especially athletics, but remember that eligibility to participate in these activities depends on academic performance every quarter. Keep your grades up; be organized; take full advantage of all the assistance we offer. Finally, never hesitate to ask for assistance—it is difficult to read minds.

- ✘ The end of the first quarter is only three weeks away. Remember the importance of homework and attention in classes. Along with my office, our hard-working teachers are committed to offering proper support for our students, but we need our students to dedicate themselves to the fulfillment of their academic responsibilities. May this year be the best yet in the academic careers of all students at SCHS!

## **SCHS ADMINISTERS PSAT/PLAN**

On Wednesday, October 14, Seton Catholic High School's underclassmen will take the PSAT or the PLAN. Our freshmen will take the ACT's PLAN assessment. The PLAN assessment is a "pre-ACT" test, and it provides students with valuable information for educational and career planning.

Our sophomores and juniors will take the PSAT (pre-SAT) assessment. In addition to giving students a chance to practice taking a standardized test, the PSAT is used as a qualifier for the National Merit Scholarship program.

At a time when college admissions are more selective and more and more scholarship monies are directly linked with ACT/SAT scores, it is important that students give these tests their best efforts.

We are able to administer both tests to our students free of charge this year thanks to the College Board and the Indiana Department of Education.

## **WHAT IS THE PSAT?**

The PSAT/NMSQT is the Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test. It is a program co-sponsored by the College Board and the National Merit Scholarship Corporation. It is the first official step on the road to college.

The test assesses skills developed in a wide range of courses as well as experiences gained outside the classroom. It consists of three parts: Critical Reading, Mathematics and Writing Skills.

## **WHY TAKE THE PSAT?**

Taking the PSAT positions students to compete for scholarships. Test results can often help students modify their study habits. It measures a student's knowledge compared to other students. Students who take the PSAT gain valuable experience in taking a standardized test.

**COLLEGE VISIT DAY**

All seniors will be required to visit a college campus on Wednesday, October 14<sup>th</sup>. Seniors must secure a college visitation form from the Guidance Office, sign it, have it signed by a parent/guardian and return it to the school office before the day of absence from school. The Guidance Counselor will return the form to the student to be taken to the college/university on the date specified for the visit. At the end of the appointment a representative from the college/university must sign the form and give his/her telephone number.

The student must return the form to the Guidance Counselor upon return to school the next day as a verification of his/her appointment at the college/university. If the student fails to do this, the day's absence will be considered unexcused.

**COLLEGE REPS AT SCHS**

- October 1<sup>st</sup> – Manchester College
- October 13<sup>th</sup> – Marian University
- October 20<sup>th</sup> – Purdue University
- October 21<sup>st</sup> – Saint Mary's College (ND)
- November 3<sup>rd</sup> – University of Cincinnati

**COLLEGE INFORMATION NIGHT**

Jessica Sanford, Guidance Director at Seton Catholic, will host a College Information Night on Tuesday, October 20, at 7:00 p.m. in **Room #206**. This evening has been designed specifically for SCHS seniors and their parents. It will feature a great deal of in-depth information that will be helpful for families as they move forward in the college selection process in a more focused effort. Jeff Rickey, with Earlham College, will join us with some handy tips and advice. No RSVP is necessary. **Please be sure to join us!**

**ATTENTION SENIORS!**

Upon a student's 18<sup>th</sup> birthday, he/she must register for the Selective Service. You may register at any US Post Office, or county courthouse. You must register in order to receive any financial aid in college. For more information, go to [www.sss.gov/regist.htm](http://www.sss.gov/regist.htm).

**REGISTERING FOR SAT & ACT**

For the SAT (given at Earlham College), [www.collegeboard.com](http://www.collegeboard.com). For the ACT (given at IU East), [www.actstudent.org](http://www.actstudent.org). The Guidance Office strongly recommends registering at least two weeks before the registration deadline to avoid taking the test out-of-town.

**College Board High School Code No. - 152966**

SAT – Nov 7.....**Registration Deadline** – Oct 1  
 Dec 5.....**Registration Deadline** – Oct 30

ACT - Dec 12.....**Registration Deadline** – Nov 6

Identification Requirements: It is best to have a valid driver's license on hand in order to be admitted to the exam site. No driver's license?.....see Mrs. Sanford for other options.



**OKTOBERFEST**

**Saturday, October 3, 2009**

**11:00 am – 7:00 pm**

**Good food, folks, and fun!**

Seton Catholic High School's Oktoberfest began several years ago as a way to celebrate the German heritage of the parishioners of St. Andrew and to raise scholarship money for the students of Seton Catholic High School. The afternoon features activities for the whole family including face painting, inflatables, music, and of course authentic German food. A highlight of this event is the annual basket raffle. Several different parish organizations, along with the students and staff of Seton Catholic High School assembled a number of themed baskets for people to bid on during the day. At the end of the evening, a winner is drawn for each basket. The fun for this year's festival starts at 11:00 am on Saturday, October 3, 2009. **All proceeds from this great annual festival go directly to the Seton Catholic High School scholarship fund.** Come and join us for an afternoon of fun, food, and family!

**SALAD SMORGASBORD**

The good folks who are part of the Catholic Women United are gearing up for their annual salad smorgasbord. Cost: \$6.00. Mark your calendar for this great event.

**Friday, October 30, 2009**

**11:00 am – 1:00 pm**

**Seton West Cafeteria**

**\*Carry Out Available**

# Indiana Statewide Testing for Educational Progress-Plus

Spring 2009 Scores at a glance  
.... Grades 7-8



GRADE SEVEN									
	ENGLISH/LANGUAGE ARTS			MATH			SOCIAL STUDIES		
	ARCH	(Seton Catholic)	IN	ARCH	(SCHS)	IN	ARCH	(Seton Catholic)	IN
Pass+	30%	13%	12%	33%	18%	19%	42%	29%	19%
Pass	61%	74%	55%	55%	74%	50%	43%	55%	38%
Total	91%	87%	67%	89%	92%	68%	85%	84%	58%

  

GRADE EIGHT						
	ENGLISH/LANGUAGE ARTS			MATH		
	ARCHDIOCESE	(SCHS)	INDIANA	ARCHDIOCESE	(SCHS)	INDIANA
Pass+	25%	18%	9%	30%	21%	14%
Pass	65%	64%	56%	60%	64%	52%
Total	90%	82%	65%	90%	85%	67%



- October 3 ..... Oktoberfest!
- October 6 ..... 7<sup>th</sup> Grade Retreat
- October 14 ..... PSAT/PLAN Test Day – Grades 9, 10, 11
- October 14 ..... Senior College Visit Day (Required)
- October 16..... End of 1<sup>st</sup> Quarter
- October 27-31..... Senior Retreat/Senior Trip
- October 30..... Fall Break – NO SCHOOL
- November 3..... National Honor Society Induction Ceremony

***GO SETON!***



**12<sup>th</sup> Annual Seton "Cardinal Classic" Golf Outing**  
**The Elks Country Club – Saturday, September 12, 2009**



Thanks to EVERYONE involved in making our 12<sup>th</sup> annual golf outing a huge success!

The event netted proceeds over \$7,500 for Seton Catholic High School.

It was a fun-filled, beautiful day enjoyed by 100 golfers. The day included

18-holes of golf, delicious food, tasty beverages and fabulous prizes!

Special thanks to the staff at the Elks Country Club and all our hardworking volunteers; especially Cathy & Mike Miller, Natalie & Jeff Blakely, Jim Mackey, and *many* others who pitched in and helped!

We are extremely grateful to the following local businesses and individuals who helped support our outing this year:

**Major Sponsors:**

Stegall, Berheide & Orr Funeral Chapel  
 Wetzel Family Auto Cruise

**Sponsorship Plus:**

Mosey Manufacturing Company  
 Dr. Steve & Angie Hornak

**Hole Sponsors:**

Autocar, LLC  
 C. M. Hanneman D.D.S.  
 Crane, Inc.  
 Crowe Shredding  
 Eastern Indiana Orthopedics, Inc.  
 First Bank Richmond  
 Formal Affairs  
 Haager's Auto & Truck Service  
 Jetmore, Bawa & Hiron - PC  
 Jiffy Lube  
 J. M. Hutton & Co., Inc.  
 Kessler's Team Sports, Inc.  
 Mike Miller - State Farm Insurance  
 Paul Bailey - McDonald's  
 Phil Pappin  
 Recycling Center, Inc.  
 Sportsman's Lounge  
 Tony Talbert - Edward Jones  
 Y.M.I. and Auxiliary

**Honorable Mentions:**

Dave & Peggy Rokosz  
 Gillam & Zetzl, Inc.  
 Harrington-Hoch Inc.  
 Schroeder Plumbing & Electrical Contractors  
 David Brown Appraisal Services

**Prize Sponsors:**

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 Elks Pro Shop  
 Esmond's Shoes  
 Forest Hills Country Club  
 Hartzell Deep Steam  
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 Little Sheba's  
 Meijer  
 Miami Valley International Trucks  
 Mike Miller - State Farm Insurance  
 Northgate Cars  
 Rod Richards  
 Texas Roadhouse  
 Tim Horton's  
 Tom's New York Deli  
 Starbucks Coffee Company  
 Walmart  
 Warm Glow  
 Xpedx

**Donations:**

Catholic Women United  
 E. W. Brockman Co.  
 Kessler's Team Sports  
 Brick's Hardware  
 Seton Athletic Boosters  
 Richmond Catholic  
 Community

**THANK  
 YOU!**



# Sports Schedules

October 2009

## Varsity Girls Volleyball Schedule

10/3	Rising Sun Invitational	A	10:00am
10/5	Union City Community High School	A	6:00pm
10/8	Monroe Central	Alumni Center	6:00pm
10/9	Greenwood Christian Academy	A	7:15pm
10/12	International School of Indiana	Alumni Center	6:00pm
10/13	Christian Prep Academy	A	6:00pm
10/17	Indianapolis Howe Invitational	A	8:00am
10/20 – 24	Sectionals at Tri-High		TBA

## Varsity Boys Soccer Schedule

10/1	Christian Prep Academy	A	5:30pm
10/6	Tri-Village High School (OH)	A	5:30pm
10/8 - 10	Sectionals at Richmond		TBA

## Varsity Boys Tennis Schedule

10/1 – 3	Sectionals at Richmond		TBA
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## Varsity Boys Cross Country Schedule

10/1	Cowan	A	4:30pm
10/3	Ed Leas Fall Classic (Eaton)	A	9:00am
10/10	Indianapolis Howe Invitational	A	10:00am
10/13	Sectionals		TBA

## Junior High Girls Volleyball

10/1	Test Middle School	Alumni Center	6:00pm
10/5	Randolph Southern	Alumni Center	6:00pm
10/6	Monroe Central Jr. High School	Alumni Center	6:00pm
10/9	Greenwood Christian Academy	A	6:00pm
10/14	Centerville Jr. High School	Alumni Center	6:00pm
10/15	Eastern Hancock Middle School	A	6:00pm

## Junior High Girls Cross Country Schedule

10/3	Ed Leas Fall Classic (Eaton)	A	9:00am
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~ October 2009 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>ADULT LUNCHES \$2.50</b>	<b>SALADS DAILY UPON REQUEST</b>	<b>MENU SUBJECT TO CHANGE</b>		<b>1</b> Turkey sandwich Mac and Cheese Vegetables Fruit and milk	<b>2</b> Chicken Chop Suey over rice Vegetables Fruit and Milk	<b>3</b>
<b>STUDENT LUNCH \$2.00</b>						
<b>4</b>	<b>5</b> Spaghetti Toss Salad Breadstick Fruit and Milk	<b>6 COOK OUT</b> Hot Dogs Chips Pasta Salad Fruit and Milk	<b>7</b> Taco's Salad Vegetables Fruit and Milk	<b>8</b> Tenderloin Cheese Potatoes Vegetables Fruit and Milk	<b>9</b> Chicken Noodles Potatoes Vegetables Fruit and Milk	<b>10</b>
<b>11</b>	<b>12</b> Chicken Nuggets Potatoes/Gravy Vegetables Fruit and Milk	<b>13</b> Pizza burger Toss Salad Vegetables Fruit and Milk	<b>14</b> Beef Strognoff Over noodles Vegetables Fruit and milk	<b>15</b> BBQ Sandwich Potatoes Vegetables Fruit and milk	<b>16</b> Beef Noodles Potatoes Vegetables Fruit and Milk	<b>17</b>
<b>18</b>	<b>19</b> Chicken Rice Casserole Vegetables Fruit and Milk	<b>20</b> Chicken Fried Chicken Potatoes/gravy Vegetables Fruit and Milk	<b>21</b> Beef Stew Cole Slaw Biscuits Fruit and milk	<b>22</b> Chicken Sandwich Fries Vegetables Fruit and milk	<b>23</b> Chicken Noodles Potatoes Vegetables Fruit and Milk	<b>24</b>
<b>25</b>	<b>26</b> Taco Salad Vegetables Fruit and Milk	<b>27</b> Tenderloin Sandwich Mac and Cheese Vegetables Fruit and milk	<b>28</b> Spaghetti Toss salad Bread Stick Fruit and Milk	<b>29</b> Pizza Toss salad Vegetables Fruit and Milk	<b>30</b> FALL BREAK NO SCHOOL	<b>31</b>